



## **Coffee and Chat**

Our Coffee Mornings are an opportunity to find out how we can support you, whilst meeting new people, having a coffee and catching up with friends. Peer support workers and volunteers will be there to provide informal support.

Weekly drop in Sessions Every Tuesday 10:30 am - 12:00 pm Biscuit Factory, 1 Queens Walk, Reading, RG1 7QA

Free to join, Enrol with us





