

Understanding Psychosis and Hearing Voices: 28 September



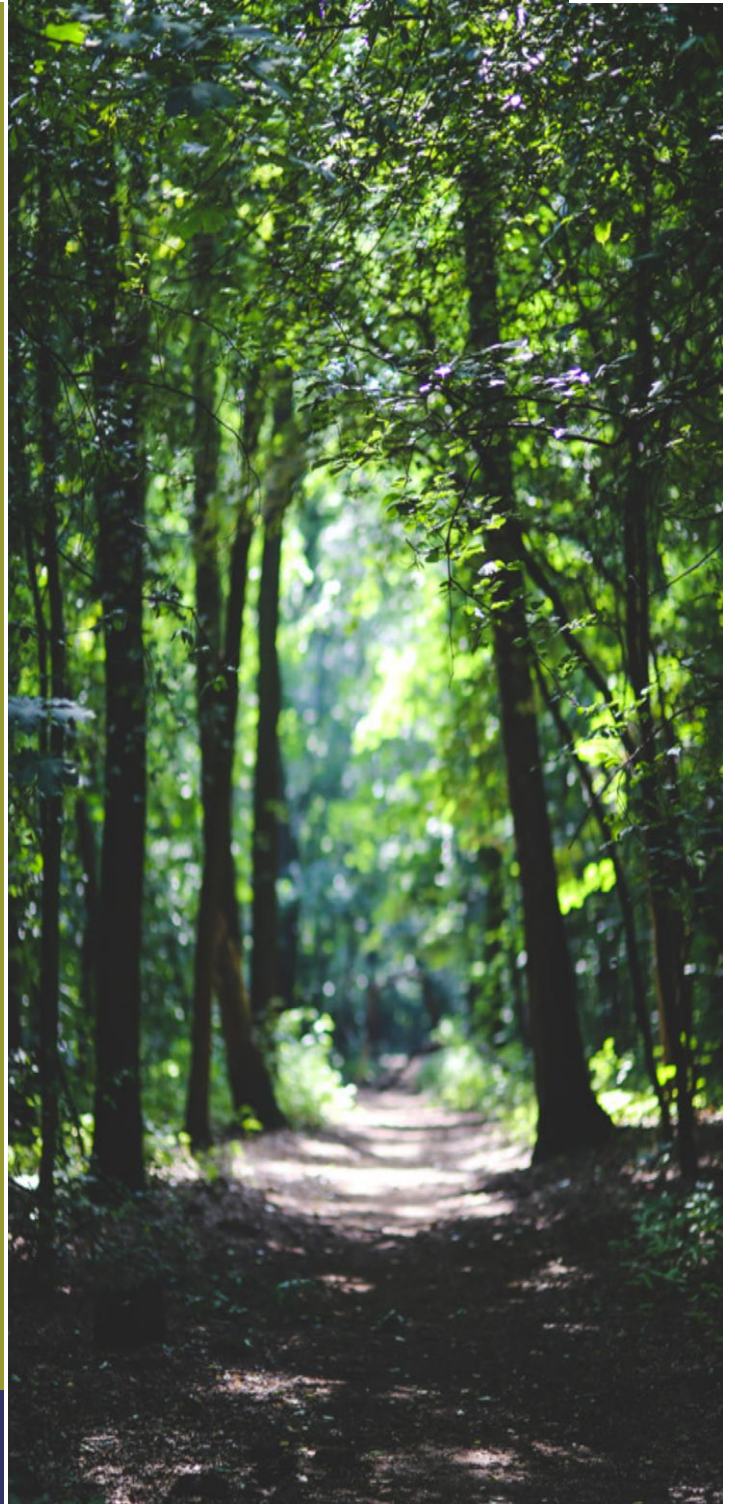
The experience of psychosis, for example hearing voices or experiencing altered perception, it is surprisingly common.

Being diagnosed with psychosis can be frightening and life changing event. There are lots of misconceptions and stigma regarding psychosis which can make coming to terms with it even harder.

This 1.5 workshop will work with the voice hearers experience and focus on understanding the experience.

28 September
1 session
Reading Central Library
12 - 1.30pm

Enrol with us, free to join



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